

Central Coast Walking Groups

The information provided is correct as at May 2018 and is subject to change without notice.

WALKING FOR PLEASURE- NSW Government of Sport

Bateau Bay:

Contact: June Scott 4332 7378
Monday
Half day walks
Medium walks approx 8 kms
Different locations including Central Coast, Newcastle and Sydney

Berkley Vale:

Contact: Gillian Holton 4388 5801
Tuesday 9.00 am
Easy to hard walks approx 2-3 hours

Gosford:

Contact Elizabeth Love 4325 3085
Friday 2+ hours
Easy to hard walks
Different locations including Central Coast, Sydney and Newcastle

HEART FOUNDATION WALKS

Bateau Bay:

Contact: Kerrie 0417 221 660
Tuesday & Wednesday 8 am 4388 4168
45 mins

Bateau Bay: Charter Hall Walkers

Contact: Pam 0408 681 854
Tuesday 7.30am
1 hour

East Gosford: The East Gosford Pacemakers

Contact: Carol
Monday 1 hour
Summer 8am & winter 8.30am
Meet *Hylton Moore Park* carpark

Erina: Get Mowing Erina

Contact: Shannon 4365 5995
Tuesday 11.30am
20-30 min gentle walk

Green Point:	Green Point Walkers	
Contact:	Gail	4369 1109
	Tuesday 1 hour Summer 8am & winter 8.30am Slow/ medium pace	
Kincumber:	Kincumber walkers	
Contact:	Gail	4369 1109
	Monday 8.30am 1 hour Medium to fast	
Niagara Park:	Walk and Talk	
Contact:	Lyn	0414 963 146
	Monday and Friday 1 hour 9am or 8.30am DLST	
The Entrance:	Happy Wanderers	
Contact:	Lorraine Walker	0418 605 919
	Thursday 1 hour 7.30am Walk at own pace	
Watanobbi:	Watanobbi Walkers	
Contact:	Sharyn	0414 341 010
	Monday 9am 30 minutes Walk at own pace	
West Gosford:	Walk and Talk	
Contact:	Lyn	0414 963 146
	Wednesday 1 hour 9am or 8.30am DLST	

VISION AUSTRALIA

Walking group especially designed for people with vision impairment. However anyone is welcome to join.

Gosford:

Contact:	Carol	4368 1751
	Saturday 8.45am	0478 420 326
	1 hour Social walk	

National Parks Association of NSW- Central Coast Branch

Contact: June Scott 4332 7378
Wednesday & Saturday 0499 176 988
Full day- 12 km average
Bushwalks Central Coast, Hunter and Sydney

Contact The Bush Club Inc
Michael Henderson 4389 4423
Saturday all day
10-20 km on range of terrain
Central Coast, Hunter and Sydney

GENERAL

San Remo: Lakeside Leisure Walkers
Contact: Olga Neish 0408 443 606
Thursday 9am 4358 0106
Two walking groups one at 1 km other 4-5 km of bush walking
Easy walks on flat ground
Various locations on Central Coast

Terrigal 50+ Leisure &

Learning Centre: Thursday Trekkers
Contact: Julie Burt 0417 895 996
Thursday 4+ hours
Moderate to energetic walks
Different locations including Central Coast and Sydney

Toukley 50+ Leisure & Learning Centre:

Contact: Jenny Stannard 4396 5075
Monday 1pm
5-6 kms
Walk at own pace

Woy Woy: Woy Woy Pleasure Walkers
Contact: Dianne Hoy 4358 4697
Fortnightly Wednesday- all day walks
5 + kms
Different locations including Central Coast, Sydney and Newcastle

NATIONAL PARKS & WILDLIFE SERVICE - DISCOVERY PROGRAM

Led by NPWS Discovery rangers, Discovery activities offer something for everyone. Guided bushwalks and 4WD tours vary from a half or full day, range from easy to hard and are held in various Parks across Hunter Central Coast region.

On the first Monday of each month join a more social walking group called the **Monday Meanderers**. Commencing with morning tea, join easy informative walks along some of the favourite tracks within our National Parks.

For more information or bookings:

Email discoverycentralcoast@environment.nsw.gov.au

Ph NPWS Gosford office on 02 4320 4200